

A GOOD DIVORCE

A year after my divorce was final...Grace and I were standing in line at CVS waiting to check out. There was a People magazine displayed at the counter that had Jennifer Lopez and Marc Antony on the cover and the headline said something about them getting a divorce. Grace pointed to the cover and said, "Mommy, is that a good divorce or a bad divorce?" I was caught off guard by her question, but I stopped and asked her, "Grace, I am not sure...how would you explain a good divorce and a bad divorce?" Grace shared that "a good divorce is when the mommy and daddy are nice to each other and try to be friends...like you and daddy and a bad divorce is when the mommy and daddy fight and scream at each other."

I walked out of the CVS that day and reflected on what Grace had just shared...as she was able to categorize our divorce as a "good divorce." I knew the approach her dad and I were taking to our divorce was working.