

# Prepare The Professional Traveler

When you are thinking through the decision of how to structure your children's lives, there are so many considerations... many of which depend on whether you are going to have sole custody or joint custody.

Either way (sole custody or joint custody)...the hardest thing I was told when I was going through my divorce came from our child specialist, whom we met with in advance of having Grace see him.

He asked me if I traveled, and I said, "Yes, I travel internationally for my job." He asked my ex-husband, and he said, "Yes, I travel domestically for my job." Then, the child specialist said, "Well, Grace has just become a professional traveler...she is going to travel back and forth between your two homes for the next eleven years." At that point, I burst into tears because the reality was setting in that regardless of the reasons why we were getting a divorce...Grace was going to be the one most impacted by our decision.

So, at that point we made a couple of decisions...and I appreciate that what I am going to share with you is dependent on the fact that we could afford to take this approach. However, I can share with you five years after the fact...I fundamentally believe that some of the decisions we have made regarding Grace's day-to-day schedule and routine have made a big difference in terms of her ability to adjust to the significant change we put her through due to the divorce.